STUDENTS IN PSYCHOLOGY
SECTION OF THE CPA

CANADIAN PSYCHOLOGICAL ASSOCIATION

SOCIÉTÉ CANADIENNE DE PSYCHOLOGIE

ÉTUDIANTS EN PSYCHOLOGIE
SECTION DE LA SCP

Section for Students in Psychology Executive
Conference Call: September 26, 2020 (11:00 AM – 2:00 PM EST)
Chaired by Joanna Collaton

Agenda

1.0 Land Acknowledgement, Introductions, and Check-In
o All members present

2.0 2021 Ottawa Convention (Collaton)
o Convention likely going to be online given COVID
2.1 Keynote Speaker
o Usually invite someone from the city that the convention is in; likely not a concern for an online convention but would still like to do that just in case the convention ends up being in-person (Ottawa, UOttawa)
o Potential topics:
   o EDI in psychology/ cross-cultural psych, microaggressions; ideal if it's someone who *does* research in EDI and is related to students
   o Pandemic-focused (self-care, for clinicians, future of psychology with it being online)
   o Intersectional approach to COVID → health disparities, socioeconomic impact
   o Social responsiveness as related to both COVID and EDI, how we as trainees can gain more experience and start this work as students (Alejandra suggested someone from UBC-O)
o Likely running workshop in collaboration → leadership and advocacy
o Could have someone join EDI workshop and have someone else COVID-related for keynote (inviting more people to collaborate with us)
o Email speaker ideas to Joanna for everyone to vote on

2.2 Conference Presentations
o Background info:
   o ~90 min, breakout rooms over Zoom if online format
   o CPA exec needs to present at least once to be entitled to the travel funds
   o Exec usually submit 3-4 workshops/ discussion forums (examples: self-care, graduate school applications, EDI forum, science/ research communication, allyship workshop)
   o Workshops are not the same as discussion forum (~25 min/ generate ideas for initiatives)
   o Only guaranteed 3 hours of programming: 1 hour is meeting, 1 hour is keynote, 1 hour is other

- o **Joanna, Alanna** (with support from Ally, Alejandra, Andreanne): advocacy workshop (community work, doing it respectfully, VIP program – Very Involved Psychologists, started by Policy/Advocacy arm of CPA) → broad, giving people skills to advocate in whatever way they see fit, students advocating within their own programs, skills training (rather than in specific area)
- o **Ally, Andreanne, Nicole**: COVID, self-care as a student, self-care in remote context, independent learner, learning from home
  - o Make it bilingual
- o **Alejandra, Joanna, Alanna:** idea for panel with students who have interests in EDI to have broader discussion; get feedback from all students who are attending of what we can do better; focus on students who are going through psych degree and what that's like, how we can support each other (Students with Lived Experience panel) → would probably fit best under symposium category
  - o Idea: add didactic piece, invite students who not only have lived experience but are also doing work in this area (guidelines, definitions, historical background of racism in psychology)
- o **Jolie, Melissa**: research and knowledge translation, COVID context, explaining results and findings to general public

2.3 Poster Competition
- o As usual

2.4 Student Social
- o Run on our own separately, not necessarily associated with the broader convention
- o Not sure what the format will be this year (synchronous vs. asynchronous)
- o Potential ideas:
  - o Student networking, breakout rooms, guided topics for breakout rooms → hour-long event more targeted at socializing
  - o Trivia?
  - o Meet the exec/ come and chat with us
  - o Russian Roulette
  - o A networking opportunity with a directed purpose
  - o Grad school application discussion for undergraduate students to ask questions

2.5 Student Booth/Lounge
- o N/A

2.6 Budget for Executive Member Expenses
- o Will be far below regular budget if online (no accommodations, travel, food, etc)
- o Not sure if there will be costs for the convention (even if there are, will probably be discounted, under $100)
- o Exec Zoom account to consider as a cost
- o If convention ends up being in person: still have a hybrid conference? Have those who paid for the online conference still attend?

- o Too much uncertainty: will re-address this issue when convention is confirmed for online vs. in-person

2.7 Accessibility and Diversity-Related Considerations
- o Chat function in Zoom is not always accessible
- o https://usability.yale.edu/web-accessibility/articles/zoom
- o Beware of overlap with religious holidays

3.0 Updates

3.1 Student Section Fees and Membership (Collaton)
- o Free to join Student Section
- o Over 1000 members

3.2 Fall Newsletter (Chu)
- o Re-doing on PPT instead of Word
- o Outline:
  - o Message from Chair (Joanna)
  - o Meet the Exec
  - o Review of 2020 Convention
    - ▪ Student Awards (Best Poster Awards, didn't do Travel Funds)
    - ▪ Keynote speaker
  - o Student Grant Opportunities (Alanna, Jolie)
  - o Message from Student Reps (half-page, 1 paragraph? Some sort of message) (Melissa, Nicole)
  - o Student Mentorship program (stats, recap) (Alejandra)
  - o Two feature pieces: 1) EDI in psychology, history of EDI in psychology, applications to clinical work, practice considerations/ allyship, written article either by students or someone in profession, OR Alanna transcribes interview, 2) COVID, mental health in society, disparities lens, effect on marginalized communities, role as clinicians/ researchers, effect on students, future of what psychology might look like given this context; add a self-care tip box
  - o Maybe a shared work within the exec? Giving writing opportunities to undergrads? Advertise on listserv (if we don't get submissions, then we fill it in ourselves)
  - o Nicole & Melissa: promote calls for research
  - o Timeline: next couple of weeks (features may take some time)

3.3 Campus Reps (Boles, Mueller)
- o What can be done given that the student reps have to adjust?
  - o Use social media more, may take more time to create web-based content
- o Nicole and Melissa will be meeting with people who are interested in being campus reps
- o Trying to anticipate planning for meeting for all of the student reps so that everyone is on the same page on what their roles are in the virtual world, being understanding that everyone is trying their best right now

- No punitive response for not being able to host an event
- Three-Star program: is this feasible in the current remote context, should some of the criteria be changed, e.g., requirement to host events?
  - Depending on what you can do in your student program at your university→ criteria for one (have reps), two (host events + have faculty rep), three stars (also have submitted to social media, writing an article)
  - Recognition on CPA website depending on how many stars you have
  - Program has not been consistently implemented → should we put on hold, or change the criteria to something more obtainable
- Calling out to dept heads about starting student rep program, some universities have not started at all, Nicole has been meeting with them to get them initiated
- Potentially create online groups/ pages to help connect people better
  - Previous years: Slack had not been super successful
  - Facebook might be a good option for sharing ideas and advocating for CPA → people can create a new page if they have concerns about privacy to do with work

3.4 Student Mentorship Program (Botia)
- 100 (101?) people applied
- Could be useful to have a protocol for crises when moving forward, especially navigating virtual world (Alejandra will be reaching out to a psychologist)
- Idea: using some of the leftover budget put together an event for mentors on leadership/ inclusive leadership → definitely possible, pass a motion over email for the event ($75-100 gift for a speaker, Zoom account)
- **Prorated Membership Fee – Advertisement**
  - Some students are paying for whole years membership for only Sep – Dec (unfair)
  - $25 for Sep – Dec with the condition of buying a full year membership in Jan (prorated membership)
  - We want to make the $25 fee public (right now, only those who ask can get the prorated fee); or we could follow APA's structure (buying a membership to count for the rest of the year)
  - So far, 6 students who asked and were given access to the code

3.5 MindPad (Richard)
- Call for editor and reviewer applications sent out, getting a lot of responses for both
- 3 associate editors
- Once editorial board is formed, will send out call for submissions

- Chelsea in charge of Fall issue (her last duty) → Ally will put together Spring issue

3.6 Budget (Ho)
- **Campus Initiative and Student Research Grants (Ho)**
  - Students who have won a grant (of the same category) within the past 3 years are not eligible to re-apply
    - Does not apply to Head Office grants
    - Needs to be clarified in application materials
  - Information about when they need to use the funds by→ case by case basis
  - Either increase the value of the grants, or increase the number of grants given (do not increase the number of competitions)
  - <mark>Ally made a motion to *increase number of grants funded per competition to 4 until further notice;* 8 in favour, 0 against, 0 abstentions → **motion passes**</mark>
- **Surplus (Ho)**
  - Large surplus
  - Jolie may meet with Ally to discuss further

3.7 Website Translation (Angehrn)
- Looking to get all of the content professionally translated into French
- Document has been emailed to everyone
- Half the cost on this year's budget, other half on next year's budget?
- Helpful to have assigned portions and give deadline (<mark>Andreanne</mark> will send documents and have sections to make it less time-consuming for everyone—keep an eye out for email)

3.8 Board Updates (Botia)
- Decision about online conference to be made soon, Alejandra will keep us updated
- Next longer meeting will be in November over 2 days
- Matters on social justice
- Board has decided instead of having social justice work group, they will form long term committee
  - Creating by-laws for the committee, then will start recruiting committee members and representatives

4.0 New Initiatives (Collaton)
4.1 New Executive Position: Equity and Diversity Representative
- **Feedback from Student Survey**
  - 42% BIPOC/ minority
  - 75% in support, 15% undecided (unsure about the position responsibilities), 10% not support
  - Suggestions for titles: Social justice, anti-racism, equitable rights, decolonization, sensitivity to the word "officer"

- o Initiatives:
  - o 75% support advertising research work
  - o 79% support creating workshop
  - o 94% support publishing resources
  - o 65% support consideration of demographics in grant proposals
- o Other suggestions: mainly centered around having less of an individual burden on whoever ends up in the position; allyship; broaden the definition of diversity; networking events to learn from what other students/ programs are doing
- o Two people, creating a committee to share the burden??
- o Drop officer titles in by-laws
- o All execs need to be involved to reduce burden
- o Is this feasible in terms of finances? Convention? Maybe have only one exec member who gets to form a committee (have at least one, compensated in terms of convention fees being covered)
- o ==Meet separately have a working session to decide what the role is going to be and how we are going to adjust our individual roles and tasks==
- o Make it some sort of student rep program (Alanna's idea) → present to the board after having something concrete, Alejandra will inquire about the next board meeting to also have a timeline for ourselves
- o Not creating things from scratch, adapting our existing programs

4.2 Updating Terms of Reference (By-laws??)
- o **Changing Titles**
  - o Taking out "officer"
  - o ==Ally made a motion to *remove the term "officer" from position titles and replace with an appropriate term once decided;* 8 in favour, 0 against, 0 abstentions → **motion passes**==

4.3 Ideas for Spending Surplus
- o **Student Section Grants**
  - o Increasing NUMBER of grants to use up our surplus
  - o Head Office recommends not having surplus for over $5000 (for other sections; not sure if this applies strictly to our section)
- o **Sustainable EDI Initiative?**
- o **Other Ideas?**
  - o Mentorship program as an idea for spending our surplus
  - o Some kind of thank you for the execs in place of travel reimbursements
  - o Small present ($20) for people who take their time to do interviews for the newsletter
  - o Three-Star program: prizes for universities to be winning if they accomplish stars

- o **Ally made a motion to *purchase a Dropbox Business subscription for use by executive members;* 8 in favour, 0 against, 0 abstentions → motion passes**
  - o Create Dropbox subscription using newly created gmail accounts for each position (Jolie)
- o **Alanna made a motion to *purchase a premium Zoom account for future section events;* 8 in favour, 0 against, 0 abstentions → motion passes**

4.4 Gmail Accounts
- o Use gmail account for CPA-related work!!
- o Set up forwarding from CPA gmail to personal/ institutional email, good way to keep track

4.5 Social Media Presence
- o Alanna is trying to make the posts more aesthetically pleasing
- o Starting to put together ideas for website and how to organize
- o Do we need Head Office approval for Tik Tok?

4.6 Collaboration with David Mercer (CPA Education)
- o David Mercer (Education in CPA): continuing education, recording workshops, even if there are things we don't end up doing at convention